

# National Service Scheme, Vety. College, NDVSU, Jabalpur



Public Service  
Announcement

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## DO THE FIVE

Help stop coronavirus

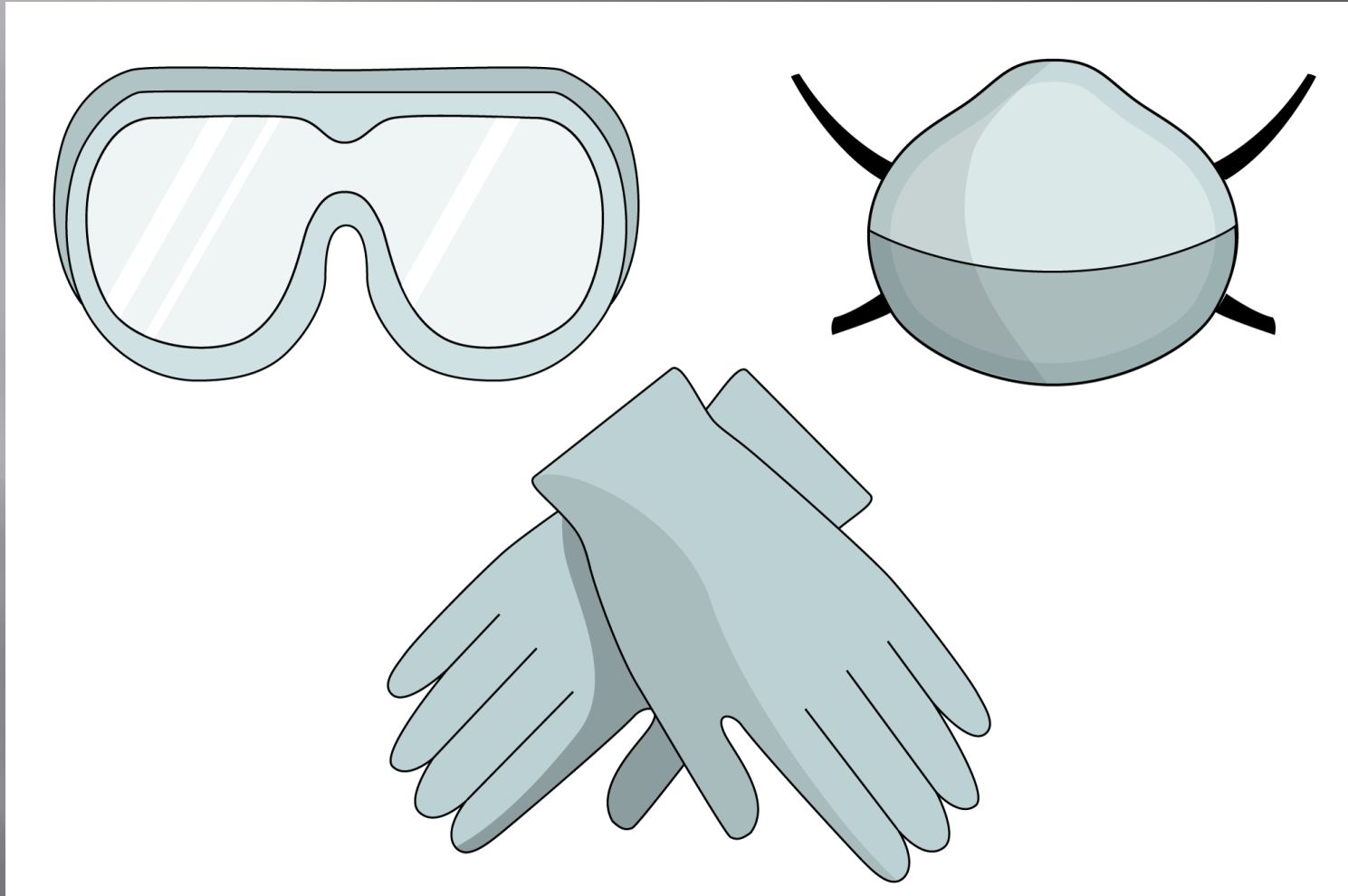
- 1 HANDS** Wash them often
- 2 ELBOW** Cough into it
- 3 FACE** Don't touch it
- 4 FEET** Stay more than 3ft (1m) apart
- 5 FEEL** sick? Stay home

General public health information

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**1**  
Palm to palm



**2**  
Between fingers



**3**  
Back of hands



**4**  
Base of thumbs



**5**  
Back of fingers



**6**  
Fingernails



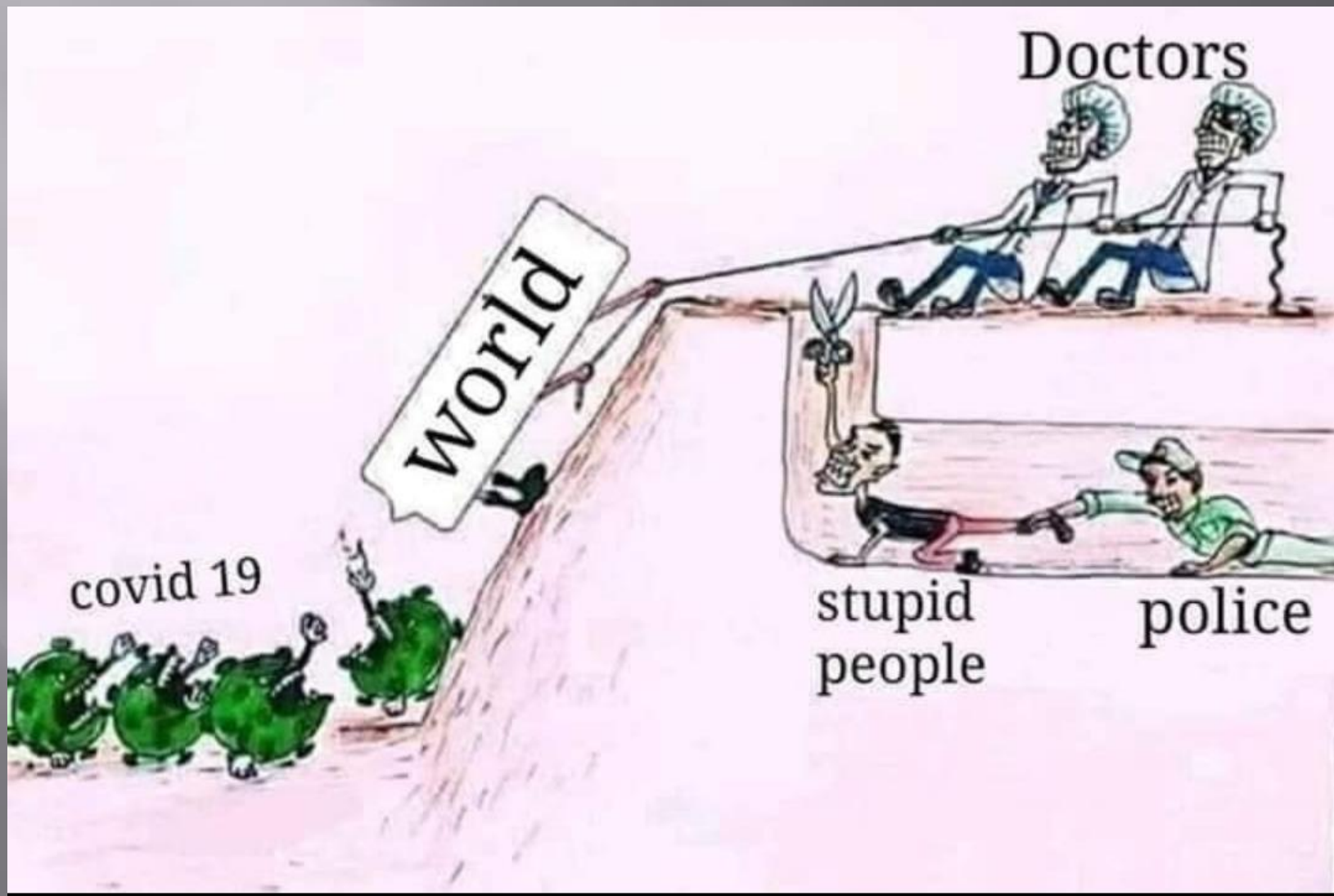
**7**  
Wrists



**8**  
Rinse and wipe dry



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## Coronavirus (COVID-19)

COVID-19 is a new coronavirus that has been identified as the cause of an outbreak of respiratory illness globally.

### SEVERE SYMPTOMS

- High fever (100.4 or higher)
- Pneumonia

### PRIMARY SYMPTOMS

- Fever
- Runny nose
- Dry Cough
- Shortness of breath
- Fatigue
- Body Aches

### TRANSMISSION

Spread from person to person through sneezing or coughing.

Respiratory droplets containing the virus can remain on surfaces even after the ill person is no longer near.

