CRYPTOCOCCUS



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SYNONYMS

- Cryptococcosis
- European Blastomycosis
- Torulosis

Causal Agent

- Cryptococcus neoformans (encapsulated yeast)
- ▶ 19 species (only *Cryptococcus neoformans pathogenic*)
- Subacute or chronic mycotic infection of man and various species of animals involving the CNS, the respiratory system and eye

HABITAT

- Worldwide distribution
- Present in dust, skin, mucous membrane and intestinal tract of normal animals and birds
- Reservoir Bird faeces, particularly pigeons and soil contaminated by avian excreta
- The organisms are concentrated in pigeon faeces due to their high content of creatinine
- The creatinine inhibits many other micro organism but can be utilized by *C. neoformans*

Diseases

Hosts	Diseases
Dogs & Cats	Nasal granulomas Meningitis Blindness
Horse	Nasal granulomas
Cattle	Cryptoccocal mastitis
Human	Cryptoccocal meningitis

PATHOGENESIS

- Exogenous Infections
- ▶ Route of infection-Respiratory, acquired by inhalation
- Localization in the nasal cavity or paranasal sinuses and later extension to the brain and meninges
- Infections extend to the optic nerve resulting in blindness
- Virulence factors-
- A. Antiphagocytic and immunosuppressive capsule
- B. Enzyme diphenol oxidase

Diagnosis

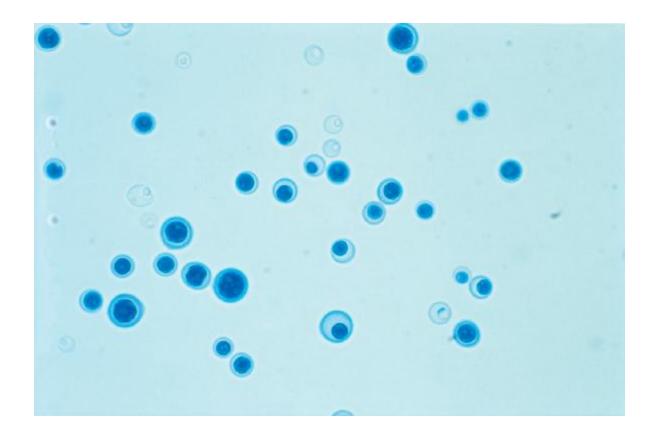
Specimen

- Lesions or exudates
- CSF
- Mastitic milk
- Biopsies and tissues

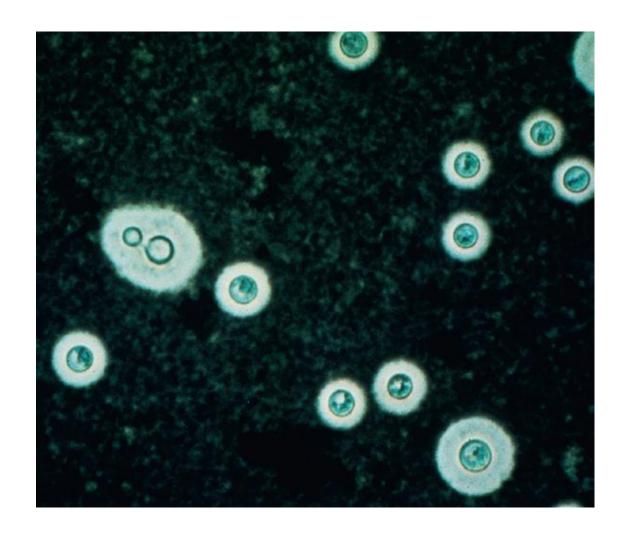
Direct microscopy

Demonstration of budding yeast with a large capsule by India ink, Nigrosin and LPCB staining methods

▶ Histological sections -PAS-haemotoxylin stain



Cryptococcus neoformans from a culture (LPCB x1000)



Cryptococcus neoformans in exudate. (Nigrosin stain x 1000)

MORPHOLOGICAL CHARACTERISTICS

- Two varieties -
- Cryptococcus neoformans var neoformans (serotypes A & D)
- 2. Cryptococcus neoformans var gattii (Serotypes B and C)
- Spherical to oval, thin walled, budding yeast that varies greatly in diameter
- Cells are surrounded by a mucoid polysaccharide capsule
- Gram positive
- Stained by Lactophenol cotton blue or nigrosine stains

CULTURAL CHARACTERISTICS

- Media-Blood agar, SDA (without cycloheximide), chocolate agar
- Aerobic, 37^oC
- Incubated for upto 2 weeks
- Capsular growth can be enhanced by culture on chocolate agar under 5% Co2 at 37°C
- Colonies are smooth, moist, shiny, white and become wrinkled, cream to brownish granular colonies on further incubation. *Cryptococcus species* use creatinine and produce melanin-pigmented (brown) colonies.
- Selective medium -Bird seed agar

Cryptococcus neoformans on Sabouraud dextrose agar incubated at 25°C (left) and 37°C (right)



BIOCHEMICAL CHARACTERISTICS

- C. neoformans is highly urease positive
- It will produce urease on heavily inoculated Christensen's urea agar slope
- Melanin production on Niger seed or birdseed agar

Serology

- Slide agglutination
- Latex agglutination Test(LAT)
- Tube agglutination
- CFT
- ELISA

Animal Inoculation

- Mice
- Intra cerebral or Intra peritoneal inoculation
- Mice dies within 4 days to two weeks
- On PM- gelatinous lesions in the abdominal cavity and lungs



